

ADVANCED TRAINING WITH GRETCHEN CRILLY MCKAY

E-mail: gcmckay2@mac.com Phone: 949.715.2227

APPRENTICESHIP & MENTORING

Where: Private residence in Laguna Beach, CA

When: 2 hours TBA for a period of at least 6 months

Fee: \$180 per session

This advanced apprenticeship is a one-on-one training with Gretchen that will cover initiations and personal instruction. You may have been engaged in spiritual study for years and would like to be of service to others now but do not know how to weave your gifts together. Gretchen will work with you and your Guides to create a unique expression of your gifts and talents to share with others.

If you are interested in learning divination by throwing objects, Gretchen will work with you to build your "set" and guide you in the process over a one-year training period. Although the divination tradition that Gretchen uses is based in Africa, students do not need to be called to the African diasporas. Training will be individualized to meet the student's personal calling by their ancestors and spiritual teachers. Shamanic journeying will be utilized as a tool in gaining direction and insight.

Mentoring by Gretchen will include:

- Learning divination through the throwing of objects (optional)
- Weaving your unique spiritual gifts and talents together for service to community and clients
- Healing sessions as needed to restore personal power
- Healing rituals and initiations as needed

Requirements for application: Participation requires a sound foundation in a spiritual practice, a strong relationship with personal helping spirits, and a commitment to healing.

CHAKRA CLEARING

Where: Private residence in Laguna Beach, CA

When: TBA - private or small group sessions

8 two-hour sessions plus weekly emails and/or phone conference calls between sessions

Fee: 1 person = \$180 each session

2 people = \$140 per person per session

3 people = \$100 per person per session

You may choose to do this work one-on-one with Gretchen or organize one or two friends to join you.

Over a period of eight months we will focus on one chakra per month, clearing ancestral and karmic issues and releasing subconscious limiting beliefs. We will use a variety of shamanic techniques including art, music, drumming, and dancing to explore each chakra center. You will also be expected to continue working on each center at home between sessions.

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TWO-YEAR ADVANCED SHAMANIC HEALING TRAINING

(6th Two-Year Program will begin in the fall of 2012. Application letters must be submitted no later than August 1, 2012.)

This advanced 2-year program in shamanic healing was created to provide participants with an opportunity to work toward developing a deep relationship with Spirit through the shamanic tradition. Participation is by application only and requires a sound foundation in shamanic journeying and a commitment to the shamanic path. The class meets every four months for a total of six weekends.

Acceptance into the program is by application only. Chakra clearing work with Gretchen is also required prior to the beginning of the two-year program.

The cost of this program is \$270 per session. Two of the weekend sessions will be held at a local retreat center; there will be an additional charge for these weekends to cover lodging.

In this program we will cover:

- Divination
- Extraction
- Soul Retrieval (Part 1 & Part 2, two sessions)
- Death, Dying and Beyond
- Healing with Spiritual Light & Healing the Ancestral Lineage
- Restoring and building personal power through drumming, singing and dancing
- Ritual work, tracking, working with nature spirits
- Explore a variety of journeying techniques

Applicants must have a working knowledge of the shamanic journey process and be able to journey successfully to the Upper and Lower worlds. A strong connection with your power animals and teachers in non-ordinary reality is also necessary.

All interested applicants must submit a written letter to Gretchen by August 1, 2012. If you are interested in applying, please provide a letter, at least two pages in length, which details your personal reasons for wishing to pursue advanced shamanic training. Please send this letter via e-mail to gcmckay2@mac.com.

This letter should include:

- Describe yourself.
- What is your background in healing and/or your spiritual path?
- Who have your shamanic teachers been? What healing modalities have you trained in? How do you use these techniques with others?
- What do you find useful about journeying?
- Describe two of your journeys in detail (one Upper world, one Lower world) where you received guidance or healing from your spirit allies, for yourself or someone else. Include your question and your interpretation.
- How do you intend to use this training?
- Will you commit to all six sessions over a period of two years? (We meet one weekend every four months for two years).